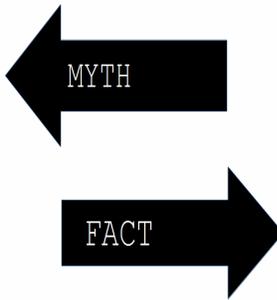


MISCONCEPTIONS AND SEXUAL MYTHS



1. **PENIS SIZE:** Bigger the penis size in man gives more happiness to female.....NO nothing like that. It's not the size which matters. One should know the art of Love making with proper foreplay followed by intra-vaginal play for 4-5 minutes will make the woman reach to orgasm.
2. **Curved Penis:** Some deviation of penis right or left with slight curvature of penis in the tip is nothing defective. Gross tilting which is hampering penetrative sex may require treatment.
3. **Bigger Testicles:** Bigger testicle means more manhood!!! Nothing like that adequate size with good functional testes is important for man's good sexual health.
4. **Flaccid penis size is important for sexual ability:** Size of penis in flaccid state is not important. Actually penis expands to full length during sexual excitement. The size of erected penis matter more than flaccid penis size. Indian average erect penis size is about 4 inches. Some people may have bit more or less.
5. **Masturbation causes weakness:** No nothing like that. Masturbation in adequate frequency and in correct method is relieving and rejuvenating to the unmarried males.
6. **Masturbation causes Infertility in later age:** No, nothing like that. It has no such long term losses or affects.
7. **More ejaculation is good:** No, nothing like that. Usually man ejaculates 3-4ml, if ejaculation is done after 3 days of previous one. The quality(count, motility & morphology of spermatozoon)of sperm
8. **Thicker Sperm is good:** No, too much thick and concentrated sperm is not a yard stick for good quality. Liquefaction of sperm should happen in about 30-40minutes. Otherwise, the spermatozoon will not be able to swim and reach egg to produce pregnancy.

- 9. Coitus interruptus (Removal of penis before ejaculation in sex) is good way of prevention of pregnancy:** No, sometimes pregnancy happens in this method as some spermatozoon may enter female vagina before penis being pulled out causing pregnancy.
- 10. Sex during Periods is more exciting to couple:** It depends. Many females may not like to participate in intercourse during Menstruation as they feel uncomfortable and unclean.
- 11. Menstruation period is the right time to do intercourse to get Pregnancy:** No, Pregnancy cannot happen at all if intercourse is done in that period. To get pregnancy, intercourse should be done in the middle stage of 28days female Menstrual Cycle.
- 12. Female is the cause for Male or Female child Birth:** No. In fact, male is the cause for determination of male and female child formation. XY Chromosomes are in males and XX chromosomes are there in females. Female always contribute X chromosome in pregnancy whereas male can give either X or Y chromosome leading to male/female child formation.
- 13. Menopause is for women and there is no end to male Sexuality:** No, there is something called as Andropause which is equivalent to female Menopause in men, where male sex hormones come down leading to decreased libido and erections etc.
- 14. Pain and Bleeding during first night is the indication of Virginity in females:** No, nothing like that. Girls who do cycling, gym and good pelvic exercises may not have all those occurrences on first night despite being a virgin.
- 15. External genital play and ejaculation in couple will not cause Pregnancy:** No, sometimes sperm deposited around vaginal opening may seep in and can cause pregnancy.
- 16. HIV and AIDS come only due to intercourse with affected person:** No, HIV can come due to non-sexual methods like through common usage of needles and blades etc. Sometimes Blood transfusions without screening for HIV can also transmit HIV.
- 17. Child produced through IVF doesn't resemble father features:** No, in IVF, husband's semen is only used after harvesting for few good spermatozoon. So Child is likely to resemble father's physical features. External semen is used ONLY WITH COUPLE'S CONSENT, if husband's semen is not at all good.
- 18. Couple cannot participate in intercourse in Pregnancy:** No, it's not like that. Couple can participate in sex in normal way in early pregnancy. In later stages, intercourse can be done in some positions which are giving less pressure on fetus.
- 19. Kissing and Oral Sex cannot give HIV infection:** Acts of biting, bleeding gums with injuries on others private organs where blood and fluid exchange is possible between couple can cause HIV infection.
- 20. HIV suspected person should not participate in sex:** No, he/she can participate in intercourse with condom wearing by man.